

Types of Elastic & How to Use Them

TYPE OF ELASTIC	DESCRIPTION	USES
Braided	Parallel ribs Narrows when stretched Looses stretch if sewn into Rolls more easily	Casings (sleeves, necklines)
Knit	Cross woven Soft, does not narrow when stretched	Waistbands (pajama bottoms, men's briefs, skirts) Lightweight-Medium fabrics
Woven (NON_ROLL)	Horizontal & Vertical ribs Firm, does not narrow when stretched More durable *Tip -Use a stronger needle when sewing into it	Waistbands. (Jeans, corduroy, outerwear, Home décor, Heavyweight fabrics
Lingerie(Pi cot)	Decorate loops on side	Underwear, bras
Swimwear	Does not rot or perish Rubber, heat resistant, chlorine resistant	Swimwear, Leotards
Fold Over Elastic	Folds in half, soft against skin	Leotards, Underwear, headbands, hair ties, DIY watchbands
Clear	Thin and clear	Gathering Knit Fabric, Shoulder seam stabilizer