

DIY Shoelaces

Instructions given to make two different types of shoelaces and three different methods. FABRIC LACES (Bias tape and tube methods). T-SHIRT LACES (No sewing required)



MATERIALS & ITEMS

- Fabric scissors/rotary cutter (optional)
- Fabric: Cotton Woven fabrics/Upcycled t-shirts/ Knit fabric
- Bias tape maker (optional RED #18)
- Iron
- Shrink tubing 3/16 inch (optional)
Packaging tape/ or needle & thread
- Sewing machine for sewn method
- Safety pin

Shoelace Length Chart

PAIRS of eyelets	Length in inches	Length in centimeters
3-4	27"	69 cm
4-5	36"	91 cm
5-6	45"	114 cm
6-7	54"	137 cm

*If you like the length of the current laces that are in your shoes, simply pull out the laces and measure. Cut the fabric strips to that length.

FABRIC LACES

- Cut strips of fabric 1.5 inches/4 cm. (Fabric can be cut on the bias or on the grain).*See video tutorial

BIAS TAPE MAKER METHOD **see blog post for full instructions*

- Apply the bias strip into the bias tape maker (RED #18)
- Pull through and press as you go.
- Fold in half and press.
- Topstitch along the open edge from end to end.
- Do this for both laces.

FOLD & IRON METHOD *(without using the bias tape maker)*

- Fold strip in half lengthwise and press. Fold the edges to the center fold and press. Fold in half again and press.

- Topstitch along the open edge from end to end.
- Do this for both laces.

HIDDEN SEAM LACES

- Fold strip in half with the right sides facing together. Sew along the raw edges from end to end using a 3/8 inch seam allowance. Turn inside out.

TURNING TIPS: Here are a few tips on how to turn the tube inside out.

1. Sew the tube leaving both ends open. Apply a safety pin to the end of the tube and thread it through to the other end, pulling through as you go.
2. Before sewing the seam, get a long piece of sturdy twine or ribbon. Sew it into the seam at the end of the tube. Tuck the twine along the inside the fold (so you don't catch it into the seam) and sew down the side seam.
3. Gently pull the twine to pull the end of the tube inside itself until you can grab it. Then pull it until the whole tube is turned inside out.

T-SHIRT FABRIC LACES (No Sewing Required)

- Cut 2 inch/5 cm strips of t-shirt fabric.
- Pull strips to tighten and curl the fabric.
- Measure the strips and cut to the desired length.
- Cut 4 shrink tube pieces to .5 inches /1.5 cm.
- Apply shrink tube to the ends of laces allowing a little bit of the lace to extend past the end of tube.
- Heat tube using a hair dryer or heat blog gun.
- Cut off excess fabric.
- Lace you shoes and enjoy!
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FINISHING SHOELACE ENDS

- Cut 4 shrink tube pieces to .75 inches /2 cm.
- Apply shrink tube to the ends of laces allowing a little bit of the lace to extend past the end of tube.
- Heat tube using a hair dryer, heat gun or open flame.
- Remove heat source once the tubing has shrunk and tightened around the lace.
- Cut off excess fabric.
- Lace you shoes and enjoy!
- Apply shrink tube to the ends of laces allowing a little bit of the lace to extend past the end of tube.
- Heat tube using a hair dryer or heat blog gun.
- Cut off excess fabric.

OTHER FINISHING OPTIONS:

If you don't have access to shrink tubing, you can tightly wrap the ends with packaging tape or masking tape.

You can also take a needle and thread and stitch and wrap around and around the ends while pulling the thread tightly. Knot and cut the thread.

Lace your shoes and enjoy!

WATCH VIDEO TUTORIAL HERE